

Tricks/Acro

Starts September 14th

The focus of this class will be exposure to "Acro, Tricks." Students will partake in 20 minutes/muscle conditioning and warm-up. The goal is to give the children more exposure and practice before the 2027 dance and competition season begins. For some



children, it may take additional class time before feeling confident in a performance. Overall, this class will build core stamina and strength for routines.

We look forward to seeing you !!

Class Time:

Saturday 9:15-10:00

Private coaching available